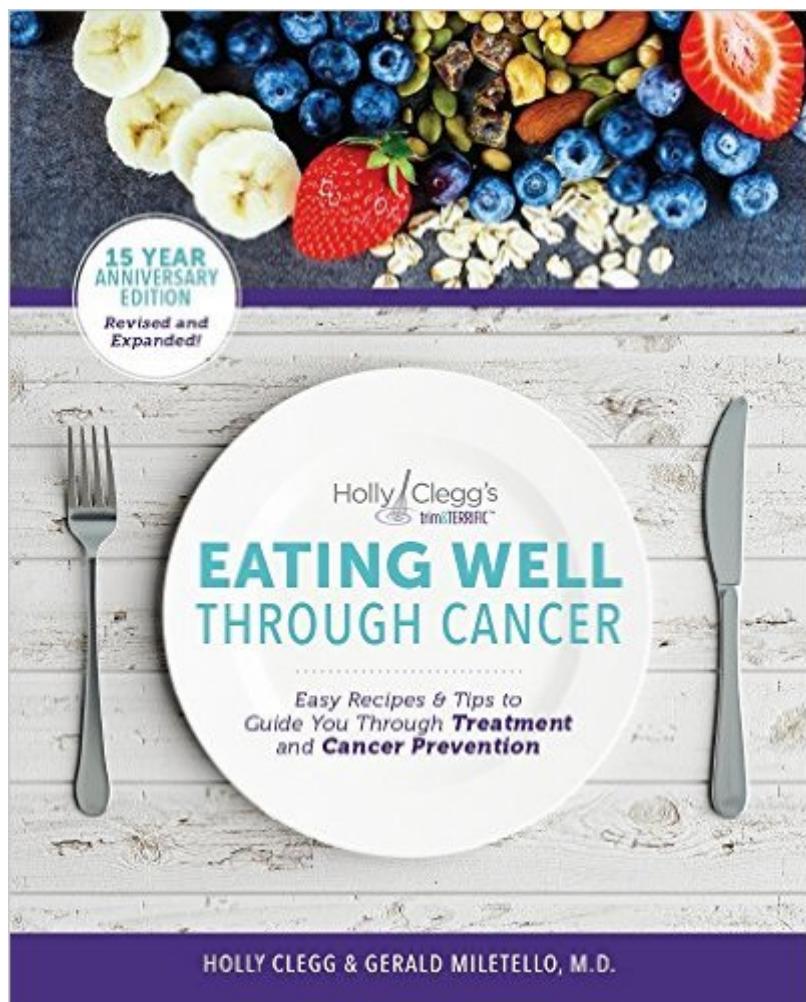


The book was found

Eating Well Through Cancer: Easy Recipes & Tips To Guide You Through Treatment And Cancer Prevention



Synopsis

Cancer patients worldwide rely on this iconic cancer cookbook with recipes to guide them what to eat so as to maintain strength and appetite during cancer treatment. *Eating Well Through Cancer: Easy Recipes & Tips to Guide You Through Cancer Prevention* by best-selling national cookbook author, Holly Clegg, and successful cancer researcher and oncologist, Dr. Gerald Miletello, is now celebrating its 15th anniversary with a special expanded and revised edition. The groundbreaking 15-year anniversary edition include chapters on topics such as nourishing foods that are best tolerated to ease common side effects such as nausea, sore mouth and throat, taste changes, neutropenia and weight loss. The book has served over the years as an invaluable recipe source for cancer prevention as well. Easy to read, with simple, nutritious recipes, beautiful photographs, tips and information, the cancer cookbook highlights diabetic, gluten-free, vegetarian and freezer-friendly recipes and guides patients on what to eat while undergoing The new edition brings together 175 recipes with crisp photographs and chapters classified as per the side effects and symptoms observed. Most of the recipes are simple everyday dishes with a healthy twist, where Clegg's "never sacrifice taste" philosophy is paramount. "Food that is good for you can be delicious and easy to prepare," says Clegg. "Nutrition is important for the prevention and sustaining a healthy lifestyle." Dr. Miletello has always been interested in helping patients maintain good nutrition while undergoing chemotherapy. "Although no diet has been proven to prevent cancer, health authorities agree that a properly chosen diet can reduce the risk of developing certain cancers," says Dr. Miletello. "We also feel that a properly chosen diet can help you to fight cancer once you have developed it." "We have found *Eating Well Through Cancer* to be the perfect resource for our patients and their family members," said Megan Doyle Battaglia of the Roswell Park Cancer Institute. "Patients and caregivers love it. We have provided *Eating Well Through Cancer* for our patients for about 8 years. It is a terrific resource for patients throughout their journey," observed Gay Prescott, Vice President of Development, Hope Cancer Resources.

Book Information

Perfect Paperback: 272 pages

Publisher: Southwestern Publishing Group; 3 edition (September 15, 2016)

Language: English

ISBN-10: 0981564089

ISBN-13: 978-0981564081

Product Dimensions: 8 x 0.7 x 9.9 inches

Shipping Weight: 1.9 pounds (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #28,106 in Books (See Top 100 in Books) #3 in Books > Health, Fitness & Dieting > Nutrition > Cancer Prevention #11 in Books > Cookbooks, Food & Wine > Special Diet > Cancer #53 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer

[Download to continue reading...](#)

Cancer: Cancer Prevention: Killing Cancer By Preventing It. Instantly Prevent Cancer

(Cancer,Cancer Prevention,Cancer Cure,Coping With Cancer,Cancer Books,Breast ...

Cancer,Leukemia,Colon Cancer,Skin Cancer) Cancer: Cancer Cure: Natural Cancer Cures And Chemo Alternatives (Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung Cancer,Cancer Prevention,Colon Cancer) Cancer: Coping With Cancer: Controlling and Understanding Emotions of Cancer (Cancer,Cancer Books,Breast Cancer,Colon Cancer,Lung Cancer,Cancer Diet,Preventing Cancer,Cancer Prevention,Cancer Cure) Eating Well Through Cancer: Easy Recipes & Tips to Guide you Through Treatment and Cancer Prevention Outsmart

Cancer: The Proven Cure For Beating Cancer With Healthy Nutrition And Vitamin B17

(Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung

Cancer,Cancer Prevention) Cancer: Coping With Cancer: How To Cope When A Loved One Has Cancer Without Any Grieving (Cancer,Coping With Cancer,Cancer Books,Breast Cancer,Colon

Cancer,Lung ... Cure,Prostate Cancer,Cancer Prevention) Clean Eating: 365 Days of Clean Eating Recipes (Clean Eating, Clean Eating Cookbook, Clean Eating Recipes, Clean Eating Diet, Healthy Recipes, For Living Wellness and Weigh loss, Eat Clean Diet Book Breast Cancer Prevention and Recovery: The Ultimate Guide to Healing, Recovery and Growth: prostate cancer, bone cancer, brain cancer, breast cancer, colorectal, ... cancer killers, cancer is not a disease,) American Cancer Society Complete Guide to Nutrition for Cancer Survivors: Eating Well, Staying Well During and

After Cancer Anti-Cancer Diet: An Ultimate Guide to Reverse and Prevent Cancer Naturally!

(anti-cancer diet, anti-cancer cookbook, anti-cancer diet recipes, reverse cancer, prevent cancer)

The Breast Cancer Patient's Survival Guide: Amazing Medical Strategies for Winning: A Natural Guide to Treatment of Cancer, Breast Cancer, Cancer and Nutrition, Beating Cancer and Fighting Cancer Brain Cancer Treatment - How to Beat Brain Cancer And Get Your Life Back (Brain Cancer, Tumor, Brain Cancer Treatment, Natural Treatment) Eating Well Through Cancer: Easy Recipes & Recommendations During and After Treatment Colon Cancer - A Cancer Prevention and Cancer Cure Guide to Understanding the Facts of Colon Cancer for Treatment, Diet, and Nutrition Clean

Eating: Clean Eating Diet: The 7-Day Plan for Weight Loss & Delicious Recipes for Clean Eating Diet (Clean Eating, Weight Loss, Healthy Diet, Healthy ... Paleo Diet, Lose Weight Fast, Flat Belly) Cancer Prevention Diet: The Revolutionary Cancer Prevention Diet to Live Healthy and Cancer Free Eating Well Through Cancer: Easy Recipes Eating Well Through Cancer Easy Recipes & Recommendations Hair Loss Cure & Treatment: Prevention & Effective Natural Regrowth Methods (Hair Loss Prevention, Hair Loss Treatment, Hair Loss Cure, Hair Loss For Men, Hair Regrowth, Self Help) Eating Disorders Information for Teens: Health Tips About Anorexia, Bulimia, Binge Eating, and Other Eating Disorders (Teen Health Series)

[Dmca](#)